

Medetomidine – An Emerging Adulterant of Concern

NPS Discovery Webinar Series – Thursday July 11, 2024

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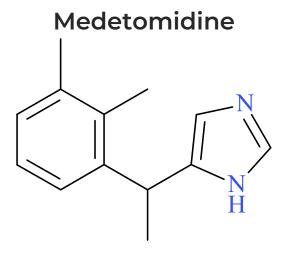






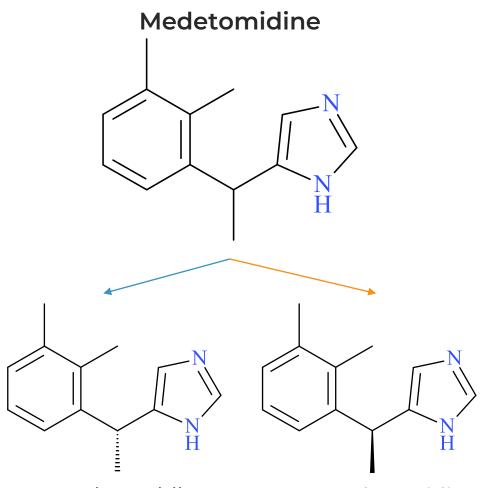
PHARMACOLOGY

- Alpha-2 adrenergic receptor agonist
 - Used for sedation, analgesia, muscle relaxation, anxiolytic
 - Similar to **xylazine**, clonidine, tizanidine
 - Exists in two enantiomeric forms →



PHARMACOLOGY

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 - Similar to xylazine, clonidine, tizanidine
 - Exists in two enantiomeric forms →
- Pharmacodynamics^{1,2}
 - Dexmedetomidine
 - Active enantiomer
 - Potent alpha-2 agonist at pre- & post-synaptic sites in CNS and PNS
 - AE: hypotension, **bradycardia**, hypertension, respiratory depression
 - Levomedetomidine
 - "Inactive" enantiomer
 - Mild sedative & analgesic





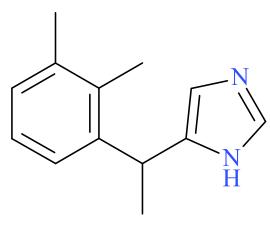
Dexmedetomidine

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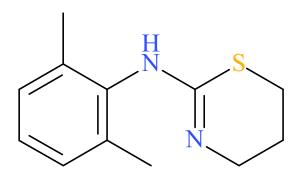
MEDETOMIDINE VS XYLAZINE

Medetomidine is approx. 200x more potent than xylazine¹ and 10x more selective at alpha-2 adrenoreceptor²

ŀ	Ki (nM)²	α 2A	α 2B	α 2C	α 2D
Mec	detomidine	3.89±1.46	7.40±2.61	12.3±5.07	5.74±0.73
>	Kylazine	1570±240	1360±100	1200±223	1460±250



Medetomidine

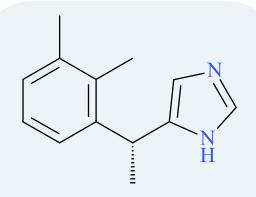


Xylazine



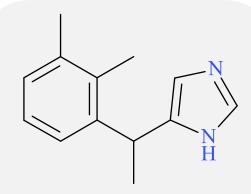


MEDETOMIDINE USES



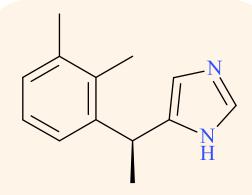
Levomedetomidine

- Not prepared or used alone
 - In veterinary or human medicine



Medetomidine

- Racemic
 - ~50% potency of dexmedetomidine
- Domitor®
 - Veterinary Medicine
 - Sedative & anesthetic



Dexmedetomidine

- PrecedexTM
 - Human use in USA & Canada
 - IV surgical sedative & anesthetic
 - Uncontrolled
- Dexdomitor®
 - Veterinary Medicine



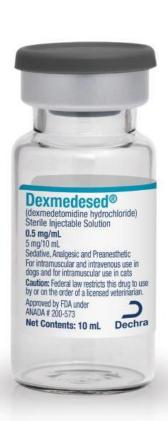
MEDETOMIDINE USES





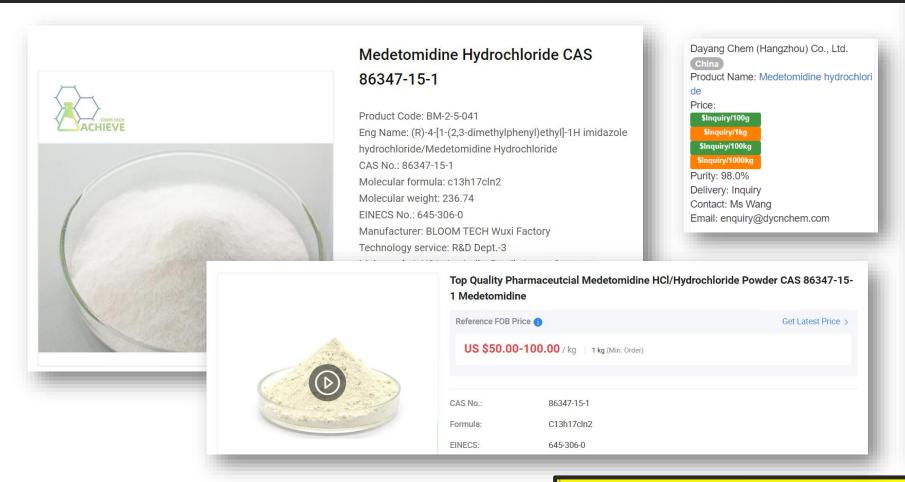








BUYING MEDETOMIDINE ONLINE







TOXIC ADULTERANT ALERT – DECEMBER 2023

Toxic Adulterant Alert: Medetomidine/Dexmedetomidine





This alert is to warn substance abuse treatment providers, clinicians, public health agencies and testing labs that medetomidine/dexmedetomidine has been identified as an adulterant in illicit drug materials. It belongs to the same drug class as the adulterant xylazine, a veterinary tranquilizer, and has /similar adverse effects including bradycardia, hypotension, and CNS depression, however, medetomidine is considered more potent.

Medetomidine (Domitor®) has recently been identified as an adulterant in illicit drug material. Since July 2022, it has been detected in several seized drug samples across the state of Maryland, and in drug paraphernalia and illicit drug seizures submitted to public health and law enforcement agencies. It was most frequently observed in samples containing fentanyl and xylazine, though medetomidine has also been identified together with fentanyl analogs, heroin, and cocaine. Medetomidine has also been detected in overdoses in St. Louis and clandestine laboratory seizures in Ohio, Florida, and Canada. It is typically a minor component in the these samples, but is of toxicological

Medetomidine is a potent surgical anesthetic approved for veterinary use in both large and small animals. Another form of the drug, its dextro-isomer dexmedetomidine (Dexdor®, Precedex®) is also utilized in human medicine. Clinically, it is used to induce sedation, analgesia, anxiolysis, and muscle relaxation in both humans and animals. The compound belongs to the class of $\alpha 2$ -adrenoceptor agonists, which also includes xylazine, romifidine, and detomidine. Veterinary studies have shown medetomidine to be a more potent, selective, and specific agonist in the peripheral and central nervous systems than xylazine.

To date, reports involving human poisonings with medetomidine/dexmedetomidine are rare. An unintentional poisoning involving medetomidine and a related compound, detomidine, of a farmer working with livestock has been reported. The farmer experienced significant drowsiness, dizziness, CNS relaxation, bradycardia, and hypotension before making a full recovery. A three year old child accidentally administered 100ug of dexmedetomidine had bradycardia and reduced respiration and was unconscious for seven hours, before recovering.

Recommendations for Clinicians

- Be aware that illicit drugs may contain medetomidine which can . complicate the clinical presentation.
- · Be familiar with the signs and symptoms associated with medetomidine intoxication.
- Be aware that most hospitalbased clinical laboratories do not offer medetomidine toxicology testing.

Indicators of Toxicity

- Sedation Analgesia
- Respiratory depression
- Hypnotic/anesthetic effects
- Mydriasis Hypothermia
- contractions (twitching)
- Bradycardia Initial hypertension followed
- by prolonged hypotension

Recommendations for MEs & Coroners

· Test for common adulterating fentanyl-related death cases where medetomidine may be present.

Recommendations for Forensic and Clinical Laboratories

- Consider monitoring for medetomidine during routine testina.
- Develop sensitive confirmatory procedures for common adulterating agents, including medetomidine.
- Consider laboratory analysis of seized drug samples taken from suspected drug overdose. investigations.
- Share data on adulterants in drug seizures in your jurisdiction with local health departments. medical examiners and coroners.
- agents in suspected opioid- or

 Share data with local health departments, medical examiners and coroners

Acknowledgements: This report was prepared by Kari M. Midthun, Ph.D., Amanda L.A. Mohr, M.S., Thom Browne, and Barry K. Logan, Ph.D. The authors Rieders Family Foundation from the Colombo Plan via U.S. Department of State/INL under 2019-RG-061 and 2017-RG-61, and other Colombo Plan funding those of the U.S. Department of State. More information on medetomidine is available by contacting mandimohr@cfsre.org

Toxic Adulterant Alert: Medetomidine/Dexmedetomidine





Medetomidine has been identified as a component in illicit drug samples.

Commonly known side effects of medetomidine include dose-dependent sedation, analgesia, anxiolysis, and muscle

While dexmedetomidine is used frequently in human medicine, reports on medetomidine administration in humans is limited but demonstrates an a2-agonistic mechanism of action. In general, medetomidine studies in humans have shown dose-dependent hypotension and bradycardia. Both subjective and objective sedative effects have been observed after single intravenous doses, including sedation noted after a dose of 25 mcg. Medetomidine also reduces norepinephrine and increases human growth hormone levels in plasma.

Animal studies have shown the following adverse effects:

Cardiovascular effects: Initial, short-lived hypertension followed by dose-dependent hypotension and

Increased chance of arrythmias.

Respiratory effects: Decreased respiratory rates and overall respiratory depression.

At high doses, hypnotic or anesthetic effects as well as spontaneous muscle contractions can occur. Induces dose-dependent mydriasis.

Medetomidine-induced sedative effects can be inhibited in animals with a2- adrenoceptor antagonists, including atipamezole and vohimbine, however this has not been formally evaluated in humans.

The adverse symptoms of medetomidine/dexmedetomidine over-exposure should be treated with supportive respiratory care and management of blood pressure. Medetomidine does not respond to naloxone (Narcan®) However, naloxone administration is recommended in Illicit drug exposure because medetomidine is almost always

Similar to warnings with xylazine, concomitant use of medetomidine with cocaine, opioids, or a combination may potentiate or prolong the effects of these drugs, which can lead to adverse consequences.

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PUBLIC ALERT ►



PUBLIC ALERT

MAY 2024

MEDETOMIDINE RAPIDLY PROLIFERATING ACROSS USA — IMPLICATED IN RECREATIONAL OPIOID DRUG SUPPLY & CAUSING OVERDOSE OUTBREAKS

PURPOSE: The objective of this announcement is to notify public health, harm reduction, first responders, clinicians, medical examiners and coroners, forensic and clinical laboratories, and all other related communities about new information surrounding the emergent adulterant medetomidine (also referred to as dexmedetomidine).

BACKGROUND: Medetomidine is an alpha-2 agonist, belonging to the same family of drugs as xylazine and clonidine, Medetomidine is synthetically manufactured and exists in two enantiomeric forms: dexmedetomidine and levomedetomidine, the former being active and potent. Dexmedetomidine is approved for use in humans and is administered in hospital, while differing forms of medetomidine are available for use in veterinary medicine. The effects of medetomidine can include sedation, analogsia, muscle relaxation, anxiolysis, bradycardia, hypotension, hyperglycemia, and hallucinations. Duration of action is noted to be longer for medetomidine relative to xylazine.

SUMMARY: Medetomidine is the latest CNS depressant to appear as an adulterant alongside fentanyl in the recreational drug supply. Recent mass overdose outbreaks in Philadelphia, Pittsburgh, and Chicago have all been associated with fentanyl or heroin drug products containing medetomidine, as well xylazine and/or other substances. In cases where medetomidine ingestion is suspected or confirmed, severe adverse effects have been noted, including heightened sedation and profound bradycardia.

TIMEFRAME	DESCRIPTION OF MEDETOMIDINE IDENTIFICATIONS AND OVERDOSE EVENTS		
Late 2022	Medetomidine begins appearing more regularly in the Maryland drug supply, following its first detection in July 2022. Medetomidine is commonly identified alongside fentanyl, xylazine, and other substances.		
Mid-to-Late 2023	Medetomidine is sporadically identified in toxicology specimens collected from patients presenting to emergency departments after suspected opioid overdose (confirmed to not be administered). Overdose events originated from Missouri, Colorado, Pennsylvania, California, and Maryland. Medetomidine is commonly detected with fentanyl.		
January 2024	An alert is issued out of Toronto , ON , about the emergence of medetomidine in the drug supply. This is followed by increased positivity in subsequent weeks and months, as medetomidine is found alongside fentanyl in suspected opioid products and commonly in combination with yalazine and other substances.		
Early 2024	Medetomidine detections increase in drug materials and toxicology specimens originating from western Canada, including Vancouver, BC, commonly alongside fentanyl and other opioids.		
Late April 2024	Medetomidine first appears in drug products in Philadelphia , PA , causing a large scale outbreak of overdoses and adverse events. Medetomidine is identified alongside fentanyl and xylazine.		
Early May 2024	Medetomidine first appears in drug products in Pittsburgh , PA , causing a large scale outbreak of overdoses and adverse events. Medetomidine is identified alongside fentanyl and xylazine.		
Early May 2024	Medetomidine first appears in drug products in Chicago , IL , causing a large scale outbreak of overdoses and adverse events. Medetomidine is identified alongside fentanyl and xylazine, or alongside heroin without xylazine.		
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"HISTORY" OF MEDETOMIDINE (AS ADULTERANT)

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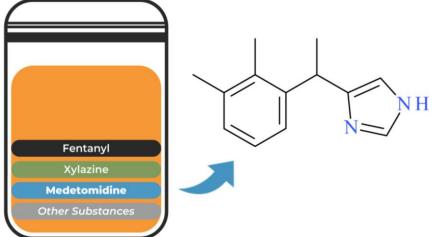


GEOGRAPHICAL DISTRIBUTION



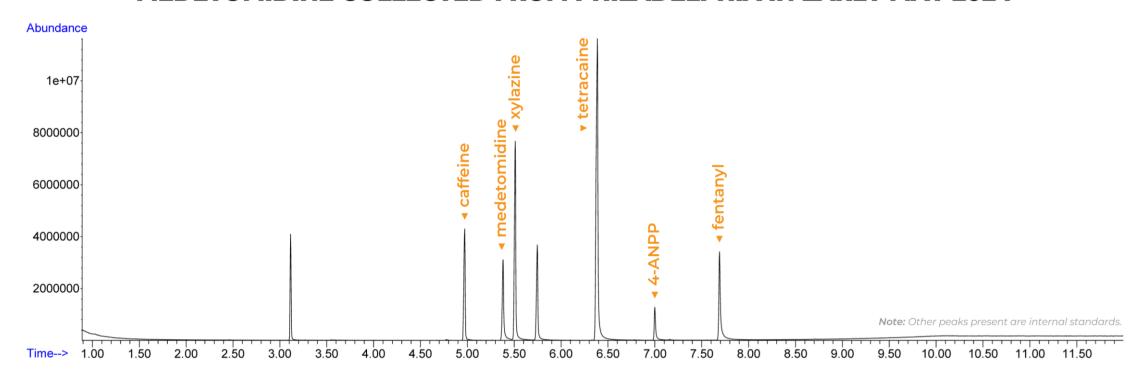
→ GEOGRAPHICAL DISTRIBUTION OF MEDETOMIDINE EMERGENCE

Medetomidine has been identified across several states in the U.S. and Canada, and is recently being observed in severe overdose outbreaks in major metropolitan areas (as marked).



EMERGENCE OF MEDETOMIDINE AT THE CFSRE

EXAMPLE CHROMATOGRAM OF A DRUG MATERIAL CONTAINING MEDETOMIDINE COLLECTED FROM PHILADELPHIA IN EARLY MAY 2024



EARLY DRUG PRODUCTS

DRUG MATERIALS CONTAINING MEDETOMIDINE AND OTHER SUBSTANCES

SUMMARY OF RESULTS:

- ► To date, medetomidine has been commonly identified alongside fentanyl and xylazine, and the proportion of medetomidine in the drug material varies by sample.
- ► Medetomidine has been identified alongside heroin, in the absence of xylazine.
- ► Tetracaine has been identified alongside fentanyl, xylazine, and medetomidine in drug products, but not uniformly or consistently.
- ► Real-time drug material and toxicological testing are on-going to track the emergence and proliferation of medetomidine.

PHILADELPHIA, PA		
DRUG	RELATIVE PARTS	DR
Fentanyl	lp	Fent
Xylazine	1.9p	Xyla
Medetomidine	0.8p	Medeto
Tetracaine	3.9p	para-Fluo
Other Substances?	Caffeine	Other Sub

-,	
DRUG	RELATIVE PARTS
Fentanyl	lp
Xylazine	0.4p
Medetomidine	1.9p
para-Fluorofentanyl	0.1p
Other Substances?	No

PITTSBURGH, PA		
DRUG	RELATIVE PARTS	
Fentanyl	lр	
Xylazine	1.5p	
Medetomidine	0.1p	
Tetracaine	0.5p	
Other Substances?	pFF, Caffeine	

	CHICA	GO, IL
DRUG	RELATIVE PARTS	
Fentanyl	lр	
Xylazine	2р	
Medetomidine	0.6p	Ме
Diphenhydramine	0.5p	Diph
Other Substances?	pFF, Nitazenes, etc.	Othe

, , ,	
DRUG	RELATIVE PARTS
Heroin	lр
Fentanyl	Trace
Medetomidine	6.3p
Diphenhydramine	2.6p
Other Substances?	No
	DRUG Heroin Fentanyl Medetomidine Diphenhydramine



RESOURCES & REFERENCES





RESOURCES & REFERENCES



Toronto's Drug Checking Service

Janaury 29, 2024

Medetomidine/dexmedetomidine:

"New" veterinary tranquilizer circulating in Toronto's unregulated fentanyl supply

For the first time, Toronto's Drug Checking Service has identified medetomidine/dexmedetomidine in Toronto's unregulated drug supply. These anaesthetic drugs are considered to be more potent than xylazine (longer acting and produce greater sedation). Like xylazine, medetomidine is a tranquilizer approved only for use on animals. Dexmedetomidine is approved for use on humans, as well as animals, for sedation and pain relief. Medetomidine and dexmedetomidine have a very similar chemical structure and it is not currently possible for Toronto's Drug Checking Service to differentiate between them. For this reason, we report these substances together.

Medetomidine/dexmedetomidine was first identified by Toronto's Drug Checking Service on December 29, 2023, by our analysis site member at the Centre for Addiction and Mental Health (Clinical Laboratory and Diagnostic Services) using liquid chromatography-Orbitrap high resolution mass spectrometry, Between December 29, 2023, and January 23, 2024, medetomidine/dexmedetomidine was found in 11% of the expected fentanyl samples checked by Toronto's Drug Checking Service (15 of 140 samples). We are working with our analysis site member at St. Michael's Hospital (Department of Laboratory Medicine) to ensure medetomidine/dexmedetomidine is identified using gas chromatography-mass spectrometry as well

Medetomidine/dexmedetomidine was found in samples expected to be (i.e., got or bought as) fentanyl, alongside high-potency opioids, like fentanyl, fluorofentanyl, and/or a methylfentanyl-related drug, as well as other central nervous system depressants, like benzodiazepine-related drugs and/or xylazine. The presence of medetomidine/dexmedetomidine was not reported as being expected by those who submitted these samples to be checked. Much like xylazine and benzodiazepine-related drugs, we suspect medetomidine/dexmedetomidine is being added to unregulated fentanyl to mimic or enhance the sedative and euphoric effects of the opioid a person is choosing to use.

These samples were collected in Toronto's west end and downtown core. The colour of these samples varied, and included blue, green, grey, orange, purple, and white. About half of these samples were



Medetomidine in Chicago's Drug Supply May 20, 2024

Summary and Action Items

- Multiple drug samples collected from the West Side of Chicago on May 11, 2024 tested positive for elevated levels of medetomidine. In addition, fentanyl, heroin, xylazine, alprazolam and nitazenes have been detected in the same samples.
- · Medetomidine is a new adulterant in Chicago's drug supply. It is a non-opioid sedative like xylazine but considered more potent. It has no approved use in humans. dine acts on

Public Health FRANK FRANKLIN, PHD, JD, MPH, FCPP

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ANDREW BEST DPA, MPA, MBA, MSS, LCSW Division of Substance Use Prevention and Harm Reduction Division of Substance Use Prevention and Harm Reduction

DANIEL TEIXEIRA DA SILVA, MD, MSHP Medical Director,

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Health Alert

In Philadelphia, medetomidine, a potent non-opioid veterinary sedative, has been detected in the illicit

SUMMARY POINTS

- Drug-related morbidity and mortality remain high in Philadelphia and is complicated by a dangerous and changing drug supply.
- Medetomidine, a veterinary alpha-2 agonist that is more potent than xylazine, has been detected in Philadelphia's drug supply.
- All samples that contained medetomidine were 'dope' samples and contained xylazine and fentanyl.
- Introduction of medetomidine to Philadelphia's drug supply can likely be attributed to events involving symptoms of hypotension, bradycardia, and prolonged sedation that is not reversed by naloxone.
- Patients may report symptoms of withdrawal from medetomidine that may be responsive to clonidine, a similar alpha-2 agonist.
- Withdrawal management should prioritize treating opioid withdrawal with buprenorphine or methadone and add clonidine early for patients who are hemodynamically stable and have persistent symptoms.

Drug-related morbidity and mortality remains high in Philadelphia, where more than 1,400 individuals died from unintentional overdoses in 2022 and thousands more experienced non-fatal overdoses and skin and soft tissue infections. Complicating both the medical and public health response to this crisis is the widespread adulteration of the illicit drug supply. While the focus is often placed on new opioid analogues of known illicit substances, monitoring adulterants in the drug supply is equally as important.

The Philadelphia Department of Public Health (PDPH) Surveillance Drug Checking Program has detected medetomidine in Philadelphia's drug supply. This is the first time medetomidine has been detected in illicit drugs being used in Philadelphia. Medetomidine has previously been detected in Maryland, Ohio, Florida, and Canada.1 In Philadelphia, medetomidine was identified by the Center for Forensic, Science, Research, and Education in drug samples submitted by PDPH during the timeframe of 4/29/2024-5/1/2024. The samples were submitted as part of PDPH's ongoing surveillance of drugs associated with overdose. Reports of patients presenting to hospitals during this timeframe included symptoms

of prolonged sedation, bradycardia, and hypotension, which are consistent with the expected clinical effects of medetomidine. At this point, a link to these adverse drug events and the introduction of medetomidine to Philadelphia's drug supply has not been established. To date all samples that contained medetomidine also contained xylazine and fentanyl.

Clinical Effects of Medetomidine

Similar to xylazine, medetomidine is a synthetic alpha-2 adrenoreceptor agonist sedative used in veterinary medicine. In human medicine, medetomidine is most similar to dexmedetomidine (Precedex®) and clonidine. However, medetomidine is not approved for human use and understanding of its clinical effects is based on veterinary literature.

In the veterinary literature, the effects of medetomidine include sedation, analgesia, muscle relaxation and anxiolysis (i.e., anti-anxiety).2 Medetomidine is more potent than xylazine and produces greater

Message #: PDPH-HAN-0441A-05-13-24
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Division of Substance Use Prevention and Harm Reduction * 123 South Broad St, 11th Floor, Philadelphia, PA, 19107

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